

*Some of his disciples were remarking about how the temple was adorned with beautiful stones and with gifts dedicated to God. But Jesus said, "As for what you see here, the time will come when not one stone will be left on another; every one of them will be thrown down."*

*"Teacher," they asked, "when will these things happen? And what will be the sign that they are about to take place?"* [Mt 24.3: "What will be the sign of your coming and of the end of the age?"]



*He replied: "Watch out that you are not deceived. For many will come in my name, claiming, 'I am he,' and, 'The time is near.' Do not follow them. When you hear of wars*

*and revolutions, do not be frightened. These things must happen first, but the end will not come right away." Then he said to them: "Nation will rise against nation, and kingdom against kingdom. There will be great earthquakes, famines and pestilences in various places, and fearful events and great signs from heaven... [Persecution, destruction of Jerusalem...]*

*"There will be signs in the sun, moon and stars. On the earth, nations will be in anguish and perplexity at the roaring and tossing of the sea. Men will faint from terror, apprehensive of what is coming on the world, for the heavenly bodies will be shaken. At that time they will see the Son of Man coming in a cloud with power and great glory. **When these things begin to take place, stand up and lift up your heads, because your redemption is drawing near.**"*

### 1. Stand up

Josh. 7.10: *The LORD said to Joshua, "Stand up! What are you doing down on your face?"*

Jeremiah 1.17: *"Get yourself ready! Stand up and say to them whatever I command you.*

Ezekiel 2.1: *He said to me, "Son of man, stand up on your feet and I will speak to you."*

Ephesians 6.13-14: *Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then...,*



### App 1:

### 2. Lift up



Ps 3.3: *you are a shield around me, O LORD; you bestow glory on me and lift up my head.*

Mt 24.12-13: *Because of the increase of wickedness, the love of most will grow cold, but he who stands firm to the end will be saved.*

### 3. Look up

Mk 13.8: *These [signs!] are the beginning of birth pains.*

