

Teamwork #2: Humility
Jonah 2 February 14, 2016



Philippians 2.12-13: *...continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.*

"...and the LORD provided a great fish to swallow Jonah, and Jonah was inside the fish three days and three nights." From inside the fish Jonah prayed to the LORD his God. He said:

"In my distress I called to the LORD, and he answered me. From the depths of the grave I called for help, and you listened to my cry. You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.

I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. To the roots of the mountains I sank down; the earth beneath barred me in forever. But you brought my life up from the pit, O LORD my God. When my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple.

"Those who cling to worthless idols forfeit the grace that could be theirs. But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the LORD."

And the LORD commanded the fish, and it vomited Jonah onto dry land.

1. Release *...those who cling...forfeit...*

Ps 63.7-8: *Because you are my help, I sing in the shadow of your wings. My soul clings to you; your right hand upholds me.*



2. Receive *...the grace that could be theirs...*



3. Recommit *...to you...*

4. Rest *...Salvation comes from the LORD.*

James 4.10: *Humble yourselves before the Lord, and He will lift you up.*

